

2009 HERTS COUNTY T&F RANKING LISTS

Under 13 Boys

100 metres

12.8	Kim Sobotie	SNH	28/6	Peterborough
13.0	Drew Daniel-Smith	HPX	12/7	Watford
13.0/1.8	Callum Scutt	HPX	13/6	Hemel H
13.3	James Odeniyi	HPX	12/7	Watford
13.5	Conor Dolan	D&T	12/7	Watford
13.6	Gareth Halliwell	SNH	28/6	Peterborough
13.7	James Hall	HPX	31.5	WGC
13.8	Jamie Jones	HPX	16/8	Cambridge
13.82/-1.1	Gareth Halliwell	SNH	26/7	Kingston
13.9	Joseph Day	HPX	12/7	Watford
13.9	Bradley Salih	WAT	16/8	Sandy
13.9	Kevin Brown	WAT	16/8	Sandy
13.98	Joshua Daramola	SNH	5/7	Cambridge
14.0	Jonathan Davies	WAT	12/7	Watford
14.1	Harry Chadwick	D&T	20/9	Hemel H
14.2	Sam Jones	HPX	10/5	Stevenage
14.2	Luke Dee	StA	31/5	Welwyn GC
14.2	Marius Bell	StA	16/8	Cambridge
14.3	Alex Brown	StA		
14.4	Luke Bradley	D&T	10/5	Stevenage
14.5	Jake Hitchcock	D&T	16/8	Thurrock
14.6	Theo Green	HPX	19/4	Ware
14.6	Charlie Murcheson	BAR	10/6	Hemel H
14.7	Sam Tooley	D&T	10/5	Stevenage
14.7	Tom Milton	D&T	7/6	Hemel H
14.7	Luke Murchison	D&T	10/6	Hemel H
14.7	Matthew Hall	WAT	6/9	Watford
14.8	Devon Graham	StA		
14.8	Robert Redshaw	StA		
14.8	Jon Ludlow	HPX	29/3	WGC
14.8	Rory Glass	HPX	12/7	Watford
14.9	Will Pritchard	SNH	7/6	Hemel H
15.1	Robbie Valeri	StA		
15.2	Owen Lloyd	D&T	10/5	Stevenage
15.2	Jamie Cook	WAT	14/6	Watford
15.3	Alex Port	StA		
15.3	Will Martin	BAR	18/4	Ware
15.3	Louis Glyn	D&T	28/6	Basildon
15.3	Elliott Richardson	D&T	20/9	Hemel H
15.36	Ashley Dear	SNH	4/4	LVC
15.37	James Weller	D&T	13/9	Cambridge
15.4	David Spicer	SNH	4/5	Stevenage
15.4	Ryan Locke	D&T	16/8	Thurrock
15.5	Hugo Evans	HPX	19/4	Ware
15.5	Campbell Russell-Mills	D&T	20/9	Hemel H
15.6	Simon Smythe	StA		
15.7	Marcel Pinnock-Adams	SNH	12/7	Basildon
15.9	Daniel Morton	HPX	28/6	Luton
15.9	Luke Smyth	SNH	6/9	Stevenage
16.0	Jake Phillips	WAT	10/6	Hemel H
16.1	Joseph Wild	HPX	29/3	WGC
16.1	James Narengian	HPX	29/3	WGC
16.1	Jonty Wager-Leigh	D&T	19/4	Cambridge
16.1	Rhys Bellis	D&T	20/9	Hemel H
16.3	Jake Hall	SNH	28/6	Peterborough
16.5	Hugo Evans	HPX	29/3	WGC
16.6	Harry Williams	HPX	7/6	Braintree
16.8	J Bowen	WAT	14/6	Watford
17.0	Jack Stanley	SNH	28/6	Peterborough
17.3	Sam Hall	SNH	10/6	Hemel H

17.9	Bradley Clark	HPX	10/4	WGC
18.7	Ben Barber	SNH	19/4	Ware

200 metres

26.2	Kim Sobodie	SNH	29/6	Hemel H
26.65/-1.9	Drew Daniel-Smith	HPX	13/9	Cambridge
26.94/-0.7	Callum Scutt	HPX	26/7	Kingston
27.4	Sam Jones	HPX	12/7	Watford
28.2	Gareth Hallewell	SNH	28/6	Peterborough
28.3/0.8	Jamie Jones	HPX	13/6	Hemel H
28.6	Harry Town	D&T	28/6	Basildon
28.7	Joseph Day	HPX	21/6	Walthamstow
29.0	Jonathan Davies	WAT	12/7	Watford
29.2	Jake Hitchcock	D&T	10/6	Hemel H
29.2	James Hall	HPX	21/6	Walthamstow
29.2	Joe Carter	E&H	16/8	Thurrock
29.3	Kevin Brown	WAT	16/8	Sandy
29.4	Bradley Salih	WAT	12/7	Watford
29.40	Joshua Daramola	SNH	20/9	LV
29.6	Alex Brown	StA	28/6	Sandy
29.76	James Weller	D&T	13/9	Cambridge
29.9	Marius Bell	StA		
29.9	William Swinburn	HPX	3/5	Havering
30.0	Charlie Murcheson	BAR	20/9	Hemel H
30.1	Robert Redshaw	StA		
30.1	Tim Ashby	D&T	10/5	Stevenage
30.7	Conrad Bobb	SNH	20/9	LV
30.9	Rory Glass	HPX	12/7	Watford
31.0	Luke Bradley	D&T	10/5	Stevenage
31.0	Frazer Ellis Jenkinson	D&T	16/8	Thurrock
31.1	Stephen Brown	SNH	20/9	LV
31.2	Joseph Wild	HPX	31/5	WGC
31.2	Tom Milton	D&T	12/7	Watford
31.6	Alex Port	StA		
31.8	James Owler	StA		
31.9	Louis Glyn	D&T	28/6	Basildon
32.0	Nathan Gardner	SNH	4/5	Stevenage
32.2	Yaku Stapleton	D&T	7/6	Hemel H
32.6	Hugo Evans	HPX	19/4	Ware
32.6	Matthew Mardle	SNH	6/9	Stevenage
32.7	Matthew Simpson	D&T	28/6	Basildon
32.7	Bradley Carpenter	SNH	6/9	Stevenage
32.7	Ryan Locke	D&T	20/9	Hemel h
33.45	David Spicer	SNH	4/4	LVC
33.7	David Gillespie	HPX	10/4	WGC
33.7	Jake Williamson	D&T	12/7	Watford
33.8	Daniel Morton	HPX	28/6	Luton
34.0	James Narengian	HPX	29/3	WGC
34.6	Edward Marsh	WAT	10/6	Hemel H
35.5	Anas Al Abaidy	StA		
36.1	Jake Hall	SNH	4/5	Stevenage
36.8	Jordan Warshawsky	StA		
37.5	Sam Hall	SNH	4/5	Stevenage
39.9	Thomas Barker	D&T	28/6	Basildon
44.9	Ben Barber	SNH	7/6	Hemel H

600 metres

2:06	Jack Silva	HPX	28/3	LV
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800 metres

2:10.59	Harvey O'Brart	WAT	9/9	Watford
2:23.76	Sam Jones	HPX	26/7	Kingston
2:24.7	Josh Jewson	HPX	7/6	Braintree
2:28.6	Jake Barraclough	HPX	28/6	Luton
2:30.5	Jasper Durrant	D&T	20/9	Hemel H

2:31.9	Tom Verbena	WAT	10/6	Hemel H
2:32.0	Joe Carter	E&H	28/6	Sandy
2:32.6	Luke Dee	StA	28/6	Sandy
2:34.5	Matthew Simpson	D&T	20/9	Hemel H
2:35.0	Jake Hitchcock	D&T	20/9	Hemel H
2:35.2	Louis Glyn	D&T	20/9	Hemel H
2:35.7	Matthew Mardle	SNH	7/6	Hemel H
2:37.3	Jonty Wager-Leigh	D&T	10/5	Stevenage
2:37.8	William Swinburn	HPX	21/6	Walthamstow
2:39.9	Jake Williamson	D&T	12/7	Watford
2:43.8	Corey Keane	WAT	6/9	Watford
2:43.9	Ryan Hodge	HPX	29/3	WGC
2:44.0	Rory Glass	HPX	29/3	WGC
2:45.0	Conor Dolan	D&T	28/6	Basildon
2:47.1	Tom Milton	D&T	12/7	Watford
2:47.5	Alex Brown	StA		
2:47.5	Matthew Wright	HPX	12/7	Watford
2:47.6	Charlie Robinson	D&T	7/6	Hemel H
2:49.0	Campbell Russell Mills	D&T	20/9	Hemel H
2:49.3	Alexander Hepburn	SNH	10/5	Stevenage
2:51.7	Elliott Richardson	D&T	20/9	Hemel H
2:53.2	Daniel Stevens	D&T	19/7	Hemel H
2:54.1	James Owler	StA		
2:54.7	Rhys Bellis	D&T	20/9	Hemel H
2:55.8	James Drew	HPX	19/4	Ware
2:56.6	Jamie Cook	WAT	14/6	Watford
2:56.9	A Bushell	WAT	14/6	Watford
2:57.8	Nathan Gardner	SNH	4/5	Stevenage
2:58.2	Jake Phillips	WAT	13/6	Hemel H
2:58.6	James Weller	D&T	19/7	Hemel H
3:00.1	Hugo Evans	HPX	10/6	Hemel H
3:03.1	Bradley Carpenter	SNH	6/9	Stevenage
3:03.3	Robbie Valeri	StA		
3:03.5	Andrew Kinsella	SNH	16/8	Stevenage
3:05.3	Oliver Hannigan	WAT	6/9	Watford
3:05.8	Josh Brown	D&T	12/7	Watford
3:06.1	Luke Bradley	D&T	19/7	Hemel H
3:07.6	Alex Port	StA		
3:08.7	Oliver Macmillian	StA		
3:12.3	Simon Smythe	StA		
3:13.8	Daniel Hull	StA		
3:13.8	Luke Smyth	SNH	6/9	Stevenage
3:14.2	Thomas Barker	D&T	28/6	Basildon
3:17.7	Sam Hall	SNH	28/6	Peterborough
3:19.3	J Bowen	WAT	14/6	Watford
3:22.0	Sam Tooley	D&T	19/7	Hemel H
3:23.2	Harry Chadwick	D&T	19/4	Cambridge
3:33.0	Zayd Juneja	SNH	10/6	Hemel H
3:40.4	Alex Walters	StA		
4:45.6	Ben Barber	SNH	12/7	Basildon

1500 metres

4:43.5	Harvey O'Brart	WAT	13/5	Hillingdon
4:47.79	Tom Verbena	WAT	23/9	Watford
4:57.1	Jake Barraclough	HPX	13/6	Hemel H
5:01.29	Kieran McQue	BED	26/7	Kingston
5:05.0	Jonty Wager-Leigh	D&T	12/7	Watford
5:06.3	Jasper Durrant	D&T	12/7	Watford
5:14.5	Luke Dee	StA	12/7	Bedford
5:17.3	Louis Glyn	D&T	7/6	Hemel H
5:17.7	Joshua Jewson	HPX	4/5	Stevenage
5:18.5	Joshua Warren	WAT	12/7	Watford
5:20.3	Jack Downes	StA		
5:20.6	Jony Wager-Leigh	D&T	4/5	Stevenage
5:28.4	Alexander Hepburn	SNH	4/5	Stevenage

5:29.8	Jamie Jones	HPX	19/7	Ilford
5:40.2	George Cook	HPX	29/3	WGC
5:43.3	Jimmy Dalton	HPX	28/6	Luton
5:43.8	Matthew Mardle	SNH	16/8	Stevenage
5:45.2	Matthew Cockburn	SNH	13/9	Chelmsford
5:45.8	Robert Redshaw	StA		
5:47.9	Harry Day	SNH	28/6	Peterborough
5:48.4	William Pritchard	SNH	7/6	Hemel H
5:49.4	Edward Marsh	WAT	19/4	St Albans
5:53.52	Peter Hale	HPX	13/9	Cambridge
5:58.4	Charles Begg	StA		
5:59.8	Jordan Warshawsky	StA		
6:04.0	Jake Phillips	WAT	12/7	Watford
6:04.6	Luke Bradley	D&T	28/6	Basildon
6:05.0	Jake Walter	StA		
6:05.3	David Gillespie	HPX	10/4	WGC
6:06.9	Dominic Evans	D&T	7/6	Hemel H
6:07.2	Michael Brown	HPX	29/3	WGC
6:19.6	Anas Al Abaidy	StA		
6:26.0	Simon Smythe	StA		
6:26.8	James Owler	StA		
6:33.1	Robert Needleman	D&T	4/5	Stevenage
6:39.9	Miles Vivian	HPX	29/3	WGC
6:43.3	Jake Hall	SNH	28/6	Peterborough
6:57.72	Joe Carter	E&H	6/9	Birmingham
6:59.9	David Spicer	SNH	12/7	Basildon
8:16.6	Ben Roberts	StA		

70m Hurdles

15.3	Simon Smythe	StA		
16.9	Jordan Warshawsky	StA		

75m Hurdles

12.7	Jasper Durrant	D&T	12/7	Watford
13.0	Harry Chadwick	D&T	10/5	Stevenage
13.6	Nathan Gardner	SNH	13/9	Chelmsford
13.87	William Swinburn	HPX	29/7	Kingston
14.4	Matthew Hall	WAT	6/9	Watford
15.0	Simon Smythe	StA	31/5	WGC
15.3	David Spicer	SNH	7/6	Hemel H
15.3	Yaku Stapleton	D&T	10/6	Hemel H
15.4	Tom Milton	D&T	13/9	Cambridge
15.5	Joseph Wilde	HPX	19/4	Ware
15.5	Josh Daramola	SNH	28/6	Peterborough
15.5	Luke Bradley	D&T	19/7	Hemel H
15.5	Frazer Ellis-Jenkinson	D&T	16/8	Thurrock
15.6	James Weller	D&T	19/7	Hemel H
15.9	Patrick Semark	HPX	12/7	Watford
16.0	Jake Hitchcock	D&T	19/7	Hemel H
16.2	Ashley Dear	SNH	4/4	LVC
16.4	Devon Graham	StA		
16.4	Daniel Stevens	D&T	19/7	Hemel H
16.5	Owen Lloyd	D&T	28/6	Basildon
16.7	Ziddan Juneja	SNH	4/5	Stevenage
16.8	Matthew Mardle	SNH	19/7	Hemel H
17.0	Jamie Cook	WAT	14/6	Watford
17.1	A Bushell	WAT	14/6	Watford
17.4	Jake Walter	StA		
17.4	Jake Phillips	WAT	12/7	Watford
17.5	Thomas Giles	StA		
17.5	Joe Day	HPX	17/5	Bexley
17.8	Jordan Warshawsky	StA		
18.0	Sam Tooley	D&T	19/7	Hemel H
18.1	Jacob Gardiner-Smith	WAT	1/7	Watford
18.3	Matthew Simpson	D&T	19/7	Hemel H

18.8	Jake Williamson	D&T	19.7	Hemel H
18.9	Ben Roberts	StA		

High Jump

1.48	Simon Smyth	StA	19/7	Erith
1.45	Jasper Durrant	D&T	19/7	Hemel H
1.43	Nathan Gardner	SNH	20/9	LV
1.40	William Swinburn	HPX	28/6	Luton
1.35	Callum Scutt	HPX	19/4	Ware
1.35	James Odeniyi	HPX	12/7	Watford
1.35	Matthew Hall	WAT	6/9	Watford
1.35	Harry Chadwick	D&T	13/9	Cambridge
1.33	James Weller	D&T	19/7	Hemel H
1.30	Sam Tooley	D&T	19/7	Hemel H
1.27	Jake Hitchcock	D&T	19/7	Hemel H
1.25	Owen Lloyd	D&T	7/6	Hemel H
1.25	David Spicer	SNH	16/8	Stevenage
1.24	Daniel Stevens	D&T	19/7	Hemel H
1.20	Robbie Valeri	StA		
1.20	Gareth Hallowell	SNH	12/7	Basildon
1.15	Alex Brown	StA		
1.15	Luke Dee	StA		
1.15	Harry Williams	HPX	7/6	Braintree
1.15	Matthew Mardle	SNH	28/6	Peterborough
1.15	Matthew Simpson	D&T	19/7	Hemel H
1.12	Luke Bradley	D&T	19/7	Hemel H
1.10	L Bee	StA		
1.09	Tom Milton	D&T	19/7	Hemel H
1.06	J Williamson	D&T	19/7	Hemel H
1.05	Jack Silva	HPX	28/3	LV

Pole Vault

2.30	James Weller	D&T	20/9	Hemel H
2.10	Ross Brightman	D&T	20/9	Hemel H
1.80	Nathan Gardner	SNH	4/4	LVC

Long Jump

4.55	Callum Scutt	HPX	10/4	WGC
4.55	Kim Sobotie	SNH	20/9	LV
4.53	Drew Daniel-Smith	HPX	13/9	Cambridge
4.49	Harry Town	D&T	16/8	Thurrock
4.48	Harry Chadwick	D&T	12/7	Watford
4.42	Jake Hitchcock	D&T	20/9	Hemel H
4.20	Joe Day	HPX	16/8	Cambridge
4.18	Nathan Gardner	SNH	10/5	Stevenage
4.16	Jamie Jones	HPX	16/8	Cambridge
4.09	Josh Daramola	SNH	19/4	Ware
4.06	Marius Bell	StA	19/7	Erith
4.05	James Hall	HPX	28/6	Luton
4.03	Thomas Archibald	BAR	7/6	Luton
3.96	James Weller	D&T	20/9	Hemel H
3.92	James Odeniyi	HPX	19/4	Ware
3.91	Robbie Valeri	StA		
3.85	Patrick Semark	HPX	10/4	WGC
3.81	Louis Glyn	D&T	20/9	Hemel H
3.78	William Swinburn	HPX	7/6	Braintree
3.78	Charlie Murcheson	BAR	12/7	Braintree
3.78	Jasper Durrant	D&T	19/7	Hemel h
3.77	Will Martin	BAR	18/4	Ware
3.75	Edward Marsh	WAT	19/4	St Albans
3.74	Matthew Hall	WAT	6/9	Watford
3.74	Owen Lloyd	D&T	20/9	Hemel H
3.71	Tom Verbena	WAT	16/8	Sandy
3.69	Luke Bradley	D&T	10/5	Stevenage
3.65	James Owler	StA		

3.63	Tom Milton	D&T	19/4	Cambridge
3.61	Luke Smyth	SNH	6/9	Stevenage
3.60	Matthew Mardle	SNH	19/7	Hemel H
3.57	Sam Jones	HPX	3/5	Havering
3.56	Robert Poth	E&H	12/7	Braintree
3.55	Bradley Salih	WAT	6/9	Watford
3.52	Alex Port	StA		
3.51	Theo Green	HPX	19/4	Ware
3.49	Sam Tooley	D&T	19/7	Hemel H
3.45	Thomas Giles	StA		
3.43	Jake Phillips	WAT	12/7	Watford
3.43	Gareth Hallewell	SNH	16/8	Stevenage
3.40	Jake Walter	StA		
3.39	Daniel Stevens	D&T	19/7	Hemel H
3.37	David Spicer	SNH	4/4	LVC
3.34	Jon Ludlow	HPX	29/3	WGC
3.33	A Bushell	WAT	14/6	Watford
3.33	Jack Stanley	SNH	20/9	LV
3.31	Jack Silva	HPX	28/3	LV
3.31	Luke Bradley	D&T	19/7	Hemel H
3.24	Jake Williamson	D&T	19/7	Hemel H
3.23	Ashley Dear	SNH	4/4	LVC
3.20	Ryan Hodge	HPX	29/3	WGC
3.20	Josh Brown	D&T	19/4	Cambridge
3.04	Bradley Carpenter	SNH	20/9	LV
3.03	Oliver Hannigan	WAT	6/9	Watford
2.97	Tiegan Howells	BAR	10/6	Hemel H
2.94	Miles Vivian	HPX	29/3	WGC
2.94	Bradley Clark	HPX	10/4	WGC
2.92	Ben Barber	SNH	17/5	Chelmsford
2.84	J Bowen	WAT	14/6	Watford
2.80	Alexander Sturgess	HPX	29/3	WGC
2.54	Matthew Simpson	D&T	19/7	Hemel H
2.45	Marcel Pinnock-Adams	SNH	19/4	Ware

Shot

8.69	Conor Dolan	D&T	28/6	Basildon
8.21	Harvy O'Brart	WAT	6/9	Watford
7.43	Joe Carter	E&H	28/6	Sandy
7.05	Matthew Mardle	SNH	7/6	Hemel H
6.94	Adam Higgins	StA	13/9	Chelmsford
6.93	Andrew Ridgway	SNH	28/6	Peterborough
6.93	Patrick Semark	HPX	13/9	Cambridge
6.80	Sam Tooley	D&T	19/7	Hemel H
6.66	Alex Brown	StA	13/9	Chelmsford
6.55	Tim Ashby	D&T	20/9	Hemel H
6.33	Nathan Gardner	SNH	19/7	Hemel H
6.31	James Odeniyi	HPX	10/6	Hemel H
6.16	Harry Town	D&T	16/8	Thurrock
6.15	Robert Poth	E&H	28/6	Sandy
6.12	Devon Graham	StA		
6.09	James Weller	D&T	19/7	Hemel H
5.99	Jasper Durrant	D&T	19/7	Hemel H
5.90	James Owler	StA		
5.89	Tom Verbena	WAT	10/6	Hemel H
5.85	David Spicer	SNH	10/5	Stevenage
5.57	Yaku Stapleton	D&T	10/6	Hemel H
5.55	James Hall	HPX	21/6	Walthamstow
5.51	Jamie Jones	HPX	16/8	Cambridge
5.46	Josh Brown	D&T	16/8	Thurrock
5.41	Jake Hitchcock	D&T	19/7	Hemel H
5.25	Ben Roberts	StA		
4.99	Jake Walter	StA		
4.96	Tom Milton	D&T	19/7	Hemel H
4.85	Daniel Stevens	D&T	19/7	Hemel H

4.82	William Pritchard	SNH	7/6	Hemel H
4.81	Jack Johal	WAT	14/6	Watford
4.78	Sam Jones	HPX	3/5	Havering
4.62	Ziddan Juneja	SNH	10/6	Hemel H
4.50	Robert Redshaw	StA		
4.49	Jake Hall	SNH	10/6	Hemel H
4.48	Owen Lloyd	D&T	10/6	Hemel H
4.46	Simon Smythe	StA		
4.45	Matthew Simpson	D&T	28/6	Basildon
4.45	Jake Williamson	D&T	19/7	Hemel H
4.26	William Swinburn	HPX	17/5	Bexley
4.22	Luke Bradley	D&T	19/7	Hemel H
4.07	Jonty Wager-Leigh	D&T	19/4	Cambridge
3.88	Bradley Carpenter	SNH	6/9	Stevenage
3.74	Sam Hall	SNH	10/6	Stevenage
3.30	Alex Walters	StA		
3.18	Daniel Hull	StA		
2.52	Ben Barber	SNH	19/4	Ware

Discus

30.10	Kevin Brown	WAT	12/7	Watford
24.19	Conor Dolan	D&T	26/7	Kingston
22.67	Matthew Mardle	SNH	13/9	Chelmsford
21.45	Patrick Semark	HPX	13/9	Cambridge
21.19	Harvey O'Brart	WAT	7/6	Luton
20.25	David Spicer	SNH	13/9	Chelmsford
19.15	Robert Poth	E&H	28/6	Sandy
17.79	Luke Smyth	SNH	6/9	Stevenage
17.64	Sam Tooley	D&T	12/7	Watford
16.06	Adam Higgins	StA	20/9	Hemel H
15.96	Joseph Wild	HPX	19/4	Ware
14.93	Tom Milton	D&T	20/9	Hemel H
14.85	Josh Brown	D&T	20/9	Hemel H
14.30	Jasper Durrant	D&T	7/6	Hemel H
13.77	Devon Graham	StA		
13.77	Ben Roberts	StA		
12.88	Owen Lloyd	D&T	20/9	Hemel H
12.08	Andrew Ridgway	SNH	28/6	Peterborough
11.82	Jamie Hall	HPX	13/9	Cambridge
11.42	Simon Smythe	StA		
11.33	Daniel Hull	StA		
11.22	Sam Jones	HPX	28/6	Luton
9.95	Luke Dee	StA		
9.71	Ryan Locke	D&T	20/9	Hemel H
9.70	Jordan Warshawsky	StA		
9.66	Edward Marsh	WAT	19/4	St Albans
9.38	Marcek Pinnock-Adams	SNH	12/7	Basildon
8.40	Anas Al Abaidy	StA		

Javelin

34.24	Tim Ashby	D&T	20/9	Hemel H
30.08	Matthew Mardle	SNH	26/9	Sandy
25.90	Sam Tooley	D&T	10/5	Stevenage
24.71	Jasper Durrant	D&T	10/6	Hemel H
22.55	Josh Brown	D&T	20/9	Hemel H
20.67	Harvey O'Brart	WAT	6/9	Watford
19.51	Hugo Evans	HPX	29/3	WGC
17.87	Tom Verbena	WAT	6/9	Watford
17.48	Jake Barraclough	HPX	29/3	WGC
15.18	Sam Jones	HPX	10/6	Hemel H
14.88	William Swinburn	HPX	10/6	Hemel H
14.45	Miles Vivian	HPX	29/3	WGC
13.04	Alexander Sturgess	HPX	29/3	WGC
12.08	Zayd Juneja	SNH	10/6	Hemel H

Pentathlon

1116	Jake Hitchcock	D&T	19/7	Hemel H
1052	James Weller	D&T	19/7	Hemel H
997	Nathan Gardner	SNH	19/7	Hemel H
962	Matthew Mardle	SNH	19/7	Hemel H

4x100

54.42	Herts County	26/7	Kingston
54.9	Herts Phoenix	21/6	Walthamstow
55.7	Watford Harriers	16/8	Sandy
58.7	Dacorum & Tring	10/6	Hemel H
58.8	St Albans		
62.3	Stevenage & NH	10/6	Hemel H